

Thought for the week:
In order to attain the citadel of contemplation you must begin by exercising yourself in the field of labour.
Gregory the Great

A Pride Thanksgiving Service, as part of Pride month, will take place tonight at 7.15pm in the City URC church in Windsor Place in the city centre. All are very welcome.

By the time you read this, Sandra Harnisch-Lacey should have completed her 13 mile walk through the Bannau Brycheiniog to raise funds for the Alzheimer's Society in support of her Mum. You can find the link to Sandra's JustGiving page via Facebook.

Two more social events are in the offing: a Games Afternoon on July 4th and the next opening of our café on July 11th between 11am and 2pm. The usual pleas for help with cakes, setting and clearing up, serving, and so on. Details are on the posters dotted about church.

The Ministry Area needs to elect a 'People's Warden'. If you are between 18 and 75, a communicant member of the Church, and wish to be nominated, please let Caroline know. The post is vacant as lovely Peter Lovitt, from St. German's, has reached the age limit and will soon be off with wife Hilary to visit their son in Australia. Peter says the role is not onerous!

Congratulations to our lovely Daniel and Grace as Daniel celebrates on Wednesday of this week three years since his licensing as minister to the Korean Church, whose members come here to St. Michael's to worship. It is a real blessing to have Daniel and Grace with us!

David Humphreys' funeral takes place tomorrow, Monday, at 11.30am in March, Cambridgeshire. Please remember dear David, his sister Katherine, and all his family in your prayers. There will be a memorial service for David in St. Michael's on July 19th at 4pm.

ST. MICHAEL'S, CATHAYS



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Sharon Ahearne 07301 041937 (Tu-Thurs)

Please contact Rev'd Caroline to arrange baptisms, marriages, banns, and Holy Communion for the sick and housebound. Please let Caroline know if anyone wishes to be prayed for, is ill or in hospital or would welcome a visit.

We have a few members of our Thursday congregation who are struggling at the moment. Diane N. has ongoing problems with her back, Pat E. is in hospital recovering from a fall, and Lyn S. is working hard caring for husband George. They would really appreciate your prayers at this time.

Today, Rev'd Charis Britton begins work in our Ministry Area. She is shadowing Stewart today, with Caroline on Monday, and then in St. German's on Tuesday morning before joining the Forget-Me-Nots in St. Edward's in the afternoon, and St. Michael's on Thursday.



THE CHURCH OF ST. MICHAEL & ALL ANGELS, CATHAYS

June 14th 2026

Trinity 2

Year A

All, all, all are offered a warm welcome to the church of St. Michael & All Angels in the Roath & Cathays Ministry Area. If you are new to the church, please make yourself known to Caroline, our Vicar, or Gerry, our Warden, or any member of the congregation. Children are cared for at our Sunday morning service. Please join us for tea, coffee and biscuits after the service - we often have cake too!

THIS WEEK IN ST. MICHAEL'S

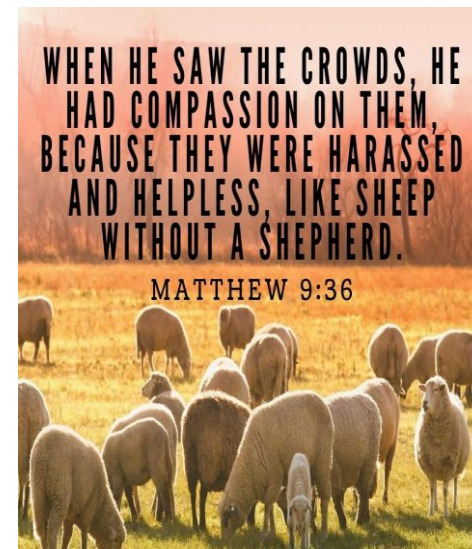
Sunday

10am Holy Eucharist
5pm Zoom Service

Thursday

2pm Holy Eucharist

For more detailed information on all our activities, please visit our website:
www.parishofcathays.org



Collect of the day:

Lord, you have taught us that all our doings without love are nothing worth: send your Holy Spirit and pour into our hearts that most excellent gift of love, the true bond of peace and of all virtues, without which whoever lives is counted dead before you. Grant this for your only Son Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **AMEN.**

Readings for next Sunday, Trinity 3, are:

Jeremiah 20:7-13; Romans 6: 1b - 11; Psalm 69: 7-10, 16-18; Matthew 10:24-39

The reader says: A reading from the Book of the Exodus.

Exodus. (19.2-8a)

The Israelites had journeyed from Rephidim, entered the wilderness of Sinai, and camped in the wilderness; Israel camped there in front of the mountain. Then Moses went up to God; the Lord called to him from the mountain, saying, ‘Thus you shall say to the house of Jacob, and tell the Israelites: You have seen what I did to the Egyptians, and how I bore you on eagles’ wings and brought you to myself. Now therefore, if you obey my voice and keep my covenant, you shall be my treasured possession out of all the peoples. Indeed, the whole earth is mine, but you shall be for me a priestly kingdom and a holy nation. These are the words that you shall speak to the Israelites.’ So Moses came, summoned the elders of the people, and set before them all these words that the Lord had commanded him. The people all answered as one: ‘Everything that the Lord has spoken we will do.’

Silence

Reader: This is the word of the Lord.

Response: **Thanks be to God.**

THE EPISTLE

The reader says: A reading from the Letter of Paul to the Romans

Romans 5: 1 – 8

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God’s love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person – though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

Silence

Reader: This is the word of the Lord

Response: **Thanks be to God.**

O be joyful in the Lord, / all the / earth: serve the Lord with gladness and come before his / presence / with a / song.

Know that the / Lord is / God: it is he that has made us and we are his; we are his people / and the / sheep of his / pasture.

Enter his gates with thanksgiving and his / courts with / praise: give thanks to / him and / bless his / name.

For the Lord is gracious; his steadfast love is / ever/lasting: and his faithfulness endures from gene/ration to / gene/ration.

THE GOSPEL

STAND

Priest: Listen to the Gospel of Christ according to Saint Matthew.

Response: **Glory to you, O Lord**

Matthew 9: 35 - 10:8

Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, ‘The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest.’ Then Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee, and his brother John; Philip and Bartholomew; Thomas and Matthew the tax-collector; James son of Alphaeus, and Thaddaeus; Simon the Cananaean, and Judas Iscariot, the one who betrayed him. These twelve Jesus sent out with the following instructions: ‘Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. As you go, proclaim the good news, “The kingdom of heaven has come near.” Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment.’

After the Gospel:

This is the Gospel of the Lord.

Response:

Praise to you, O Christ.