

<p><i>Thought for the week:</i> Contrary to the dominant attitude of our society, one's economic life and standard of living is not a private matter. It is a critical issue of faith and discipleship.</p> <p style="text-align: right;">Jim Wallis</p>	<p style="text-align: center;">ST. MICHAEL'S, CATHAYS</p> <p>Vicar/ Ficer: Rev'd Caroline Downs Tel: (029) 20495699</p>  <p>Assistant Curate/ Curad Cynorthwyol Rev'd Meg Underdown (029) 20331988</p>
<p>We are shocked and saddened by the death of Daphne Stallard in a road accident in Llandudno on Monday of this week. She is the mother of our lovely Bishop Mary. Please remember Daphne, Mary and all their family and friends in your prayers at this sad and difficult time.</p>	<p>Readers/Darllenyddion: Liz Haigh 07816 535848 Edwina Jenkins (029) 20453347 Matthew Dixon 07715 573013 Peter Swinbank (029) 20220103</p> <p>Warden/ Wardeniaid: Geraldine Payne 07947 804134</p> <p>Secretary/Ysgrifennydd: Glynn Downs (029) 20495699</p> <p>Safeguarding Officer/Swyddog Diogelu : Angela Parr</p> <p>Ministry Area Leader/ Arweinydd Ardal Gweinidogaeth : Rev'd Canon Stewart Lisk (029) 20487854</p> <p>Provincial Safeguarding Officers/ Swyddogion Diogelu y Dalaith Wendy Lemon 07392 319064 Sharon Ahearne 07301 041937 (Tu-Thurs)</p> <p><i>Please contact Rev'd Caroline to arrange baptisms, marriages, banns, and Holy Communion for the sick and housebound. Please let Caroline know if anyone wishes to be prayed for, is ill or in hospital or would welcome a visit.</i></p>
<p>No organist today. Hymns are on the screen.</p>	
<p>This Wednesday at 2pm there will be a deep clean of the church. We need volunteers to help Gill and Pat who do this necessary work throughout the year without fail. Please help if you possibly can. Many hands make light work!</p>	
<p>This coming Saturday, September 13th, is our café - between 11am and 2pm. On sale will be soups, crumble, cakes - AND Caroline's Italian bean casserole! Please come and support this veggie venture, and bring your family and friends!</p>	
<p>St. Michael's Church Committee meets in church on Thursday, September 18th at 7.30pm. If anyone - committee member or member of the congregation - would like to submit an item for the Agenda, please let Glynn have it by Monday, September 15th. Thank you!</p>	<p>Saturday, November 29 is The Event That Must Not Be Named! Glynn would be grateful for any redundant bottle bags. Last year's (donated mainly by Mary Lister) made all the difference to the appeal of the Bottle Stall. Thanks to the people who have already given their unwanted bags - much appreciated! 55 given so far!</p>
<p>September is the month for meetings as the Diocese of Llandaff holds its annual diocesan conference, spread over two days. On Thursday the 25th, conference meets online for a business meeting at 7pm, and the in-person meeting is on Saturday, September 27th, from 9.30am in the Bishop of Llandaff High School.</p>	<p>Thank you to those who came to support last Wednesday's Quiz Night. Congratulations to the winners and commiserations to the gallant losers. And thanks, too, to Paul, for arranging this evening of light-hearted entertainment.</p>
<p style="text-align: center;"><i>Readings for next Sunday, Holy Cross Day, are: Numbers 21:4-9; Philippians 2:6-11; Psalm 22:23-28; John 3:13-17</i></p>	



THE CHURCH OF ST. MICHAEL & ALL ANGELS, CATHAYS

September 7th 2025

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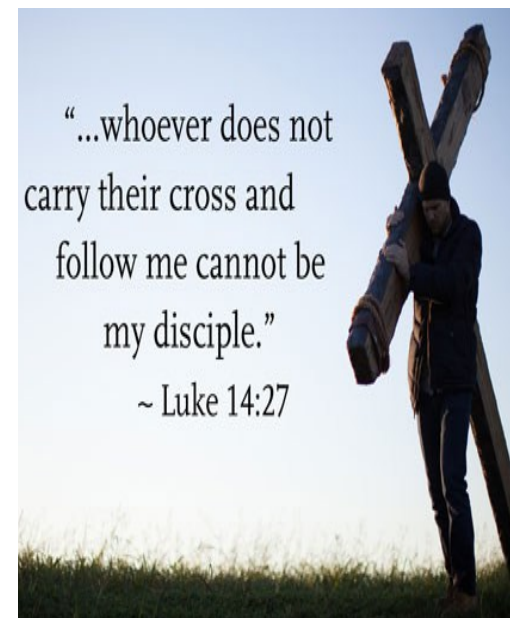
All, all, all are offered a warm welcome to the church of St. Michael & All Angels in the Roath & Cathays Ministry Area. If you are new to the church please make yourself known to Caroline, our Vicar, or Gerry, our Warden, or any member of the congregation. Children are cared for at our Sunday morning service. Please join us for tea, coffee and biscuits after the service - we often have cake too!

THIS WEEK IN ST. MICHAEL'S

Sunday
 10am Holy Eucharist
 5pm Zoom Service
Wednesday
 2pm Deep cleaning of the church!
Thursday
 2pm Holy Eucharist
Saturday
 11am - 2pm Café

For more detailed information on all our activities, please visit our website:

www.parishofcathays.org



Collect of the day:

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **AMEN.**

THE OLD TESTAMENT READING

The reader says: A reading from the book of Deuteronomy

Deuteronomy 30: 15-20

See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the Lord your God that I am commanding you today, by loving the Lord your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the Lord your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, loving the Lord your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the Lord swore to give to your ancestors, to Abraham, to Isaac, and to Jacob.

Silence

Reader: This is the word of the Lord.

Response: **Thanks be to God.**

THE EPISTLE

The reader says: A reading from the Letter to Philemon

Philemon 1 -21

Paul, a prisoner of Christ Jesus, and Timothy our brother, To Philemon our dear friend and coworker, to Apphia our sister, to Archippus our fellow-soldier, and to the church in your house: Grace to you and peace from God our Father and the Lord Jesus Christ. When I remember you in my prayers, I always thank my God because I hear of your love for all the saints and your faith towards the Lord Jesus. I pray that the sharing of your faith may become effective when you perceive all the good that we may do for Christ. I have indeed received much joy and encouragement from your love, because the hearts of the saints have been refreshed through you, my brother. For this reason, though I am bold enough in Christ to command you to do your duty, yet I would rather appeal to you on the basis of love — and I, Paul, do this as an old man, and now also as a prisoner of Christ Jesus. I am appealing to you for my child, Onesimus, whose father I have become during my imprisonment. Formerly he was useless to you, but now he is indeed useful both to you and to me. I am sending him, that is, my own heart, back to you. I wanted to keep him with me, so that he might be of service to me in your place during my imprisonment for the gospel; but I preferred to do nothing without your consent, in order that your good deed might be voluntary and not something forced. Perhaps this is the reason he was separated from you for a while, so that you might have him back for ever, no longer as a slave but more than a slave, a beloved brother — especially to me but how much more to you, both in the

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flesh and in the Lord. So if you consider me your partner, welcome him as you would welcome me. If he has wronged you in any way, or owes you anything, charge that to my account. I, Paul, am writing this with my own hand: I will repay it. I say nothing about your owing me even your own self. Yes, brother, let me have this benefit from you in the Lord! Refresh my heart in Christ. Confident of your obedience, I am writing to you, knowing that you will do even more than I say.

Silence

Reader: This is the word of the Lord.

Response: **Thanks be to God.**

Psalm 1

STAND

Blessed are they who have not walked in the / counsel • of the / wicked: nor lingered in the way of sinners, * nor sat in the as- / sembly / of the / scornful.

Their delight is in the / law • of the / Lord: and they meditate on his / law / day and / night.

Like a tree planted by streams of water bearing fruit in due season, * with leaves that / do not / wither: whatever they / do, / it shall / prosper.

As for the wicked, it is not / so with / them: they are like chaff which the / wind / blows a- / way.

Therefore the wicked shall not be able to / stand • in the / judgement: nor the sinner in the congre- / gation / of the / righteous.

For the Lord knows the / way • of the / righteous: but the / way • of the / wicked • shall / perish.

THE GOSPEL

STAND

Priest: Listen to the Gospel of Christ according to Saint Luke.

Response: **Glory to you O Lord.**

Luke 14: 25-33

Large crowds were travelling with Jesus; and he turned and said to them, ‘Whoever comes to me and does not hate father and mother, wife and children, brothers and sisters, yes, and even life itself, cannot be my disciple. Whoever does not carry the cross and follow me cannot be my disciple. For which of you, intending to build a tower, does not first sit down and estimate the cost, to see whether he has enough to complete it? Otherwise, when he has laid a foundation and is not able to finish, all who see it will begin to ridicule him, saying, "This fellow began to build and was not able to finish." Or what king, going out to wage war against another king, will not sit down first and consider whether he is able with ten thousand to oppose the one who comes against him with twenty thousand? If he cannot, then, while the other is still far away, he sends a delegation and asks for the terms of peace. So therefore, none of you can become my disciple if you do not give up all your possessions.’

After the Gospel:

This is the Gospel of the Lord.

Response:

Praise to you O Christ.